AUGUST 25, 2025

NOVICE EQUIPMENT LIST



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ITEM	IMAGE	NOTES
Goggles x 2		No snorkel masks
Bathing Suit	arend	No board shorts
Junior Kickboard		The kick board should be not longer than the length of your fingertip to elbow.

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ITEM	IMAGE	NOTES
Fins	arena	Approved Brands: -Arena Powerfin Pro -Speedo Switchblade -TYR Stryker
Water Bottle		
Swim Cap	AC HALE	Optional GHAC Caps available for order in Black, White, or Maroon

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ITEM	IMAGE	NOTES
Mesh Bag	speedo	Optional but recommended. Custom GHAC mesh bags with names are available for order.
GHAC Clothing		Recommended for all swimmers. Available for order at various times throughout the season.